

**Community Support Services** 

# DEMENTIA EDUCATION QUICK GUIDE

Dementia Education



Whether you are a staff member or volunteer, it only takes three simple steps to transform the way you care. *For support contact:* Anita Looby (519) 680-2404 ext. 265 <u>anita.looby@alzswp.ca</u>

# 2

### COMPLETE 5 ONLINE LESSONS (> 2-HOURS)

- Each lesson takes about 20 minutes to complete.
- Enroll to complete lessons online (<u>alzeducate.ca/course/view.php?id=649</u>) or if your organization would prefer an in-person session, contact Anita Looby.

**Please note:** Your first time accessing this education, you will be required to set up an AlzEducate account.



# VIRTUAL REALITY SESSION

- Prerequisite: completion of five (5) online lessons.
- A facilitator-led, virtual reality session will enable participants to navigate difficult situations with confidence, competence, and compassion.
- If your organization has 10 or more eligible participants, contact Anita Looby to book an in-person or virtual presentation.

# **CUSTOMIZE YOUR EDUCATION SESSIONS**

- Our dementia education sessions can be customized to meet the needs of your organization.
- This can help to address a challenge(s) or topic(s) specific to your organization.

In partnership with



Ontario Santé Health Ontario **Alzheimer** Society

Community Support Services South West