



## Community Support Services

Dementia Education

# DEMENTIA EDUCATION

Transform the way you care to better meet the needs of people living with dementia with these free dementia education sessions.



## Education options

- 5 online dementia education lessons followed by virtual reality sessions
- Customized education sessions available

## Learn

- Dementia friendly practices
- Empathetic approaches and techniques
- Ways to support the unique needs of a person living with dementia

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*I enjoyed this training. It taught me to recognize signs of distress, effectively de-escalate situations and alleviate fear in individuals. I now feel better prepared and more confident in my interactions with people living with dementia.*

- CSS Dementia Education Participant

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## Contact us



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Alzheimer Society

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