

CSS Dementia Education Master Resource List

Lesson 1: Understanding Dementia

| Hyperlink Descriptive Text | URL |
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| ASLM What is dementia? (1.52 minutes) | https://www.youtube.com/watch?v=FpeMJNlis4w |
| Jim's Story Dementia Friendly Communities (6.55 minutes) | https://www.youtube.com/watch?v=_ynYnkMTkhs |
| Vascular Dementia | https://alzheimer.ca/en/about-dementia/other-types-dementia/vascular-dementia |
| How a Person with Dementia Sees the World (3.36 minutes) | https://www.youtube.com/watch?v=q_sWiwI3yP0 |
| Dementia and Delirium the Facts (6.59 minutes) | https://www.youtube.com/watch?v=7LCItOk0iBg |
| Person-Centered Language | https://alzheimer.ie/wp-content/uploads/2018/12/Dementia-Friendly-Language.pdf |
| Webinar: The Basics with Dr. Borrie (55 minutes) | https://www.youtube.com/watch?v=LUy5PXTu9HE |

Lesson 2: Dementia Supportive Approaches

| Hyperlink Descriptive Text | URL |
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| Problems with Language (2.34 minutes) | https://www.youtube.com/user/AlzheimerNS/videos |
| Webinar: Dr J.B. Orange, "Communicating Effectively" (1 hour, plus questions) | https://www.youtube.com/watch?v=SynTeAvAJ18 |
| Webinar: Dr J.B. Orange, "Enhancing Communication for Individuals with Dementia" - Part 2 (1 hour) | https://www.youtube.com/watch?v=UTpOCeQmd6g |
| Teepa Snow - The Difference Between Confrontational and Supportive Communication | https://teepasnow.com/wp-content/uploads/2019/01/HO-Learning-The-Difference-Between-Confrontational-and-Supportive-Communication-San-Jose.pdf |

Lesson 3: Understanding Behaviour Change and the 8'A's

| Hyperlink Descriptive Text | URL |
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| Sandra: Symptoms and Strategy: Problems with Language (2:34 minutes) | https://www.youtube.com/watch?v=2kcPxd8DnYg |
| Alzheimer Society of Canada: shifting focus – a guide to understanding behaviour | shifting focus booklet |
| Symptoms and Strategy: Loss of Initiative (2.23 minutes) | https://www.youtube.com/watch?v=0dcywOxBf28 |
| Symptoms and Strategy: Mood & Behaviour (1:50 minutes) | https://www.youtube.com/watch?v=aXBw0kQWcpg |

Lesson 4: Meaningful Engagement

| Hyperlink Descriptive Text | URL |
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| "Flow" chart | https://innobatics.com/flow/ |
| Empathy vs Sympathy | https://youtu.be/7Zwrta7SjtM |
| DementiAbility Free Resources | https://dementiability.com/free-resources/ |
| Meaningful Engagement of People with Dementia - A Resource Guide | https://archive.alzheimer.ca/sites/default/files/files/national/meaningful-engagement/meaningful-engagement-of-people-with-dementia.pdf |
| Impact of Music Video: Ballerina with Alzheimer's dances to swan lake | https://youtu.be/OT8AdwV0Vkw |
| Impact of Music: Henry- Alive Inside documentary | https://youtu.be/OT8AdwV0Vkw |
| Magic of music: 102-year-old's memory triggered by piano | https://youtu.be/7Zwrta7SjtM |

Lesson 5: Living Safely with Dementia

| Hyperlink Descriptive Text | URL |
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| MedicAlert ® Safely Home Program | https://medicalert.ca/Safely-Home MedicAlert ® phone number – 1-800-668-1507 |
| Finding Your Way | http://findingyourwayontario.ca |
| Walking safely with dementia | https://www.dementia.org.au/sites/default/files/resources/2019-Walking-Safely-With-Dementia_A4_booklet_v8.pdf |
| Alzheimer Society of Canada, Wandering and Dementia | https://alzheimer.ca/bc/en/help-support/programs-services/dementia-resources-bc/wandering-disorientation-resources/wandering-dementia |
| Alzheimer Society of Canada, Living Safely and Independently | https://alzheimer.ca/en/help-support/im-living-dementia/living-well-dementia/living-safely-independently#Strategies to help you stay safe |